

QUALITY CORNER CALL

Jan. 8, 2026
Noon to 1:00 p.m.
Webinar Connection Fee: No Charge

From Burnout to Balance: Practical Resilience for 2026

REGISTER HERE

Start the new year with renewed energy and a stronger, more resilient mindset for both your personal and professional life. Resilience isn't just a trait--it's a skill you can strengthen through intentional habits, mindful thinking and practical action.

Join Jennifer Findley from Healthworks for an interactive webinar exploring the real-world impacts of stress and burnout. Discover effective strategies to foster a culture of wellness, manage stress with confidence and build lasting resilience.

Participants will walk away with simple, everyday practices--rooted in a holistic approach-- to enhance both individual and collective well-being. Together, we'll chart a balanced path toward living and working with resilience in 2026.

Questions:

Contact Healthworks at (785) 233-7436 or email sholmes@kha-net.org

Hosted by:



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Registration

To receive connection instructions in a timely manner, please register by Jan. 6.

Two Easy Ways to Register

Online: <https://registration.kha-net.org>

Fax: (785) 233-6955

First Name: _____ Last Name: _____

Title: _____

Organization: _____

Address: _____ City, State, Zip: _____

Telephone No.: _____

Email Address: _____

(This field is required and where login instructions will be sent.)

Funding Acknowledgement

This program is supported by the Health Resources and Services Administration of the U.S. Department of Health and Human Services as part of an award totaling \$1.1M with 0 percent financed with non-governmental sources. The contents are those of the author(s) and do not necessarily represent the official views of, nor an endorsement, by HRSA, HHS or the U.S. Government. For more information, please visit HRSA.gov.

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